



# SEPTEMBER 2017 COUGAR DEN MENU



| Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Sack and Salad Option  |
|---|---|--|--|---|--|
|   |   |  |  | 1<br><br>NOON DISMISSAL<br><br>CAFETERIA CLOSED                                 | <b>Mondays</b><br>Sack 1: Turkey & Cheese Croissant<br>Lettuce and Pickle<br>Sack 2: PBJ on Wheat Bread<br><br>Salad: Chicken Caesar Salad   |
| 4<br><br>Happy Labor Day!<br><br>NO SCHOOL  | 5<br><br>Meat or Cheese Nachos<br>Pinto Beans<br>Fruit and Drink  | 6<br><br>Pepperoni or Cheese Pizza<br>(Rosie's Pizza)<br>Pasta Salad<br>Vegetable<br>Fruit and Drink           | 7<br><br>Chicken Burgers<br>Corn<br>Fruit and Drink  | 8<br><br>Mac-n-Cheese with<br>Ham Casserole<br>Broccoli<br>Fruit and Drink      | <b>Tuesdays</b><br>Sack 1: Ham & Cheese Sub<br>Lettuce and Pickle<br>Sack 2: PBJ on Wheat Bread<br><br>Salad: Chef Salad with Turkey         |
| 11<br><br>Chicken Spaghetti<br>Mixed Vegetables<br>Fruit and Drink  | 12<br><br>Homemade Chicken<br>Noodle Soup with<br>Half Grilled Cheese<br>Sandwich<br>Carrot Sticks<br>Fruit and Drink | 13<br><br>Pepperoni or Cheese Pizza<br>(Rosie's Pizza)<br>Pasta Salad<br>Vegetable<br>Fruit and Drink          | 14<br><br>Soft Beef Tacos<br>Rice & Beans<br>Fruit and Drink   | 15<br><br>Chicken Nuggets<br>Mashed Potatoes<br>Roll & Gravy<br>Fruit and Drink | <b>Wednesdays</b><br>Sack 1: Turkey & Cheese Croissant<br>Lettuce and Pickle<br>Sack 2: PBJ on Wheat Bread<br><br>Salad: Chef Salad with Ham |
| 18<br><br>Pepperoni or Cheese Pizza<br>(Rosie's Pizza)<br>Pasta Salad<br>Vegetable<br>Fruit and Drink   | 19<br><br>Cheese Enchiladas<br>Rice & Beans<br>Fruit and Drink  | 20<br><br>Hot Dogs with<br>Homemade Chili<br>Baked Beans<br>Fruit and Drink                                    | 21<br><br>Spaghetti with Meatballs<br>Greens Beans<br>Breadstick<br>Fruit and Drink                      | 22<br><br>Dorito Casserole<br>Peas & Carrots<br>Fruit and Drink                 | <b>Thursdays</b><br>Sack 1: Ham & Cheese Sub<br>Lettuce and Pickle<br>Sack 2: PBJ on Wheat Bread<br><br>Salad: Chef Salad with Turkey        |
| 25<br><br>Frito Pie with<br>Homemade Chili<br>Corn<br>Fruit and Drink   | 26<br><br>Pepperoni or Cheese Pizza<br>(Rosie's Pizza)<br>Pasta Salad<br>Vegetable<br>Fruit and Drink                 | 27<br><br>Breakfast for Lunch<br>Pancakes, Sausage<br>Hash Browns<br>Fruit and Drink<br>(Extra Sausage \$1.00) | 28<br><br>Hamburger or<br>Cheeseburger<br>With all the Trimmings<br>Popsicle or Chips<br>Fruit and Drink | 29<br><br>Chicken Fajita's<br>Rice & Beans<br>Fruit and Drink                   | <b>Fridays</b><br>Sack 1: Grilled Cheese Sandwich<br>Sack 2: PBJ on Wheat Bread<br><br>Salad: Garden Salad                                   |
| ***PRICE OF MEALS***<br>HOT LUNCH \$3.85/MEAL: VEGETABLE, FRUIT and DRINK (water or milk)<br>Sack 1 or 2 \$3.85/MEAL: CHIPS, FRUIT and DRINK (water or milk)<br>SALAD \$3.85/MEAL: FRUIT and DRINK (water or milk)<br>A LA CARTE: ENTRÉE \$2.30 MILK or WATER \$0.75<br>SIDES \$0.85<br>CHIPS, PICKLES, POPSICLE, HOMEMADE DESSERTS<br>HOT MOZZARELLA CHEESE STICKS (MUST ORDER WITH LUNCH COUNT)<br>PICKLE POPS \$0.25 |   |  |  |   |  |